



香港少年領袖團

樂隊訓練大綱

風笛訓練班：練習笛（入門）											
課程目的	<ol style="list-style-type: none"> 1. 認識蘇格蘭風笛音樂、樂器種類及發聲原理； 2. 掌握基礎吹奏技巧（以練習笛練習）； 3. 嘗試演奏簡單風笛樂曲。 										
課程時數	共 15 小時（包括 10 節課堂，每節 1.5 小時）										
課程內容	<table border="1"> <tbody> <tr> <td>第一堂</td> <td> <ol style="list-style-type: none"> 1. 認識樂器：蘇格蘭風笛練習笛 2. 握持、發聲原理及保養 3. 指法技術：音階一.（上升） </td> </tr> <tr> <td>第二堂</td> <td> <ol style="list-style-type: none"> 1. 基礎樂理：樂譜閱讀一.（音高） 2. 指法技術：音階二.（下降） 3. 練習：流暢度與靈活度 </td> </tr> <tr> <td>第三堂</td> <td> <ol style="list-style-type: none"> 1. 基礎樂理：樂譜閱讀二.（音符音長） 2. 指法技術：Gracenote I (Cutting - G) 3. 練習：嘗試簡單曲目 </td> </tr> <tr> <td>第四堂</td> <td> <ol style="list-style-type: none"> 1. 基礎樂理：樂譜閱讀三.（拍子記號 - 單拍子） 2. 指法技術：Gracenote II (Cutting - D, E) 3. 練習：三連音 (GDE) </td> </tr> <tr> <td>第五堂</td> <td> <ol style="list-style-type: none"> 1. 指法技術：Gracenote III (Strikes) 2. 指法技術：Gracenote IV (High A) 3. 練習：嘗試簡單曲目 </td> </tr> </tbody> </table>	第一堂	<ol style="list-style-type: none"> 1. 認識樂器：蘇格蘭風笛練習笛 2. 握持、發聲原理及保養 3. 指法技術：音階一.（上升） 	第二堂	<ol style="list-style-type: none"> 1. 基礎樂理：樂譜閱讀一.（音高） 2. 指法技術：音階二.（下降） 3. 練習：流暢度與靈活度 	第三堂	<ol style="list-style-type: none"> 1. 基礎樂理：樂譜閱讀二.（音符音長） 2. 指法技術：Gracenote I (Cutting - G) 3. 練習：嘗試簡單曲目 	第四堂	<ol style="list-style-type: none"> 1. 基礎樂理：樂譜閱讀三.（拍子記號 - 單拍子） 2. 指法技術：Gracenote II (Cutting - D, E) 3. 練習：三連音 (GDE) 	第五堂	<ol style="list-style-type: none"> 1. 指法技術：Gracenote III (Strikes) 2. 指法技術：Gracenote IV (High A) 3. 練習：嘗試簡單曲目
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	<p>第六堂</p> <ol style="list-style-type: none"> 1. 指法技術：Doubling I (Top hand I) 2. 指法技術：Doubling II (Top hand II) 3. 練習：嘗試簡單曲目 <p>第七堂</p> <ol style="list-style-type: none"> 1. 指法技術：Doubling III (Bottom hand) 2. 練習：交錯轉指 <p>第八堂</p> <ol style="list-style-type: none"> 1. 指法技術：Throw on D 2. 練習：嘗試簡單曲目 <p>第九堂</p> <ol style="list-style-type: none"> 1. 技巧複習 <p>第十堂</p> <ol style="list-style-type: none"> 1. 嘗試樂器：蘇格蘭（高地）風笛（省卻和管） 2. 訓練班考核
參加資格	本團各級學員及導師（見習導師需由樂隊士官長申請並獲批准始可參與訓練班）。
課程評核	實習試，參加者於訓練班完結前必須通過由樂隊士官長或由樂隊士官長指派人士所指定的考核並取得合格成績。
完成課程所獲資格	<ol style="list-style-type: none"> 1. 「風笛訓練班：練習笛（入門）」成就證書； 2. 「風笛訓練班：練習笛（入門）」成就證書持有人在報讀「風笛訓練班：練習笛（適任樂手）」可獲豁免入學測試； 3. 參與本團樂隊-風笛組相關的訓練及活動。



香港少年領袖團

樂隊訓練大綱

風笛訓練班：練習笛（適任樂手）													
課程目的	<ol style="list-style-type: none"> 1. 加強認識蘇格蘭風笛音樂、樂器種類及發聲原理； 2. 掌握更全面的吹奏技巧（以練習笛練習）； 3. 學習適用於一般情況及儀式的風笛樂曲。 												
課程時數	共 24 小時（包括 12 節課堂，每節 2 小時）												
課程內容	<table border="1"> <tbody> <tr> <td>第十一堂</td> <td> <ol style="list-style-type: none"> 1. 基礎樂理：樂譜閱讀四.（拍子記號 - 複拍子） 2. 指法技術：Birl </td> </tr> <tr> <td>第十二堂</td> <td> <ol style="list-style-type: none"> 1. 指法技術：Grips 2. 曲目練習：二四拍 </td> </tr> <tr> <td>第十三堂</td> <td> <ol style="list-style-type: none"> 1. 指法技術：Grip with a B Gracenote 2. 曲目練習／溫習：二四拍 </td> </tr> <tr> <td>第十四堂</td> <td> <ol style="list-style-type: none"> 1. 指法技術：Gracenote V (G Strikes on D) 2. 指法技術：Taorluaths 3. 曲目練習：四四拍 </td> </tr> <tr> <td>第十五堂</td> <td> <ol style="list-style-type: none"> 1. 指法技術：Tachum 2. 曲目練習／溫習：四四拍 </td> </tr> <tr> <td>第十六堂</td> <td> <ol style="list-style-type: none"> 1. 指法技術：Gracenote VI (G Strikes on B) </td> </tr> </tbody> </table>	第十一堂	<ol style="list-style-type: none"> 1. 基礎樂理：樂譜閱讀四.（拍子記號 - 複拍子） 2. 指法技術：Birl 	第十二堂	<ol style="list-style-type: none"> 1. 指法技術：Grips 2. 曲目練習：二四拍 	第十三堂	<ol style="list-style-type: none"> 1. 指法技術：Grip with a B Gracenote 2. 曲目練習／溫習：二四拍 	第十四堂	<ol style="list-style-type: none"> 1. 指法技術：Gracenote V (G Strikes on D) 2. 指法技術：Taorluaths 3. 曲目練習：四四拍 	第十五堂	<ol style="list-style-type: none"> 1. 指法技術：Tachum 2. 曲目練習／溫習：四四拍 	第十六堂	<ol style="list-style-type: none"> 1. 指法技術：Gracenote VI (G Strikes on B)
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	2. 曲目練習：三四拍
第十七堂	1. 指法技術：Grips on the Bottom hand 2. 曲目練習／溫習：三四拍
第十八堂	1. 指法技術：Throw on D (Heavy) 2. 曲目練習／溫習：三四拍
第十九堂	1. 曲目練習：六八拍
第二十、二十一堂	1. 曲目練習／溫習：儀式常見曲目 2. 嘗試樂器：蘇格蘭（高地）風笛
第二十二堂	1. 訓練班考試
參加資格	<ol style="list-style-type: none"> 1. 本團各級學員及導師（見習導師需經由樂隊士官長申請並獲批准始可參與訓練班），及 2. 持有「風笛訓練班：練習笛（入門）」成就證書 或 於訓練班首課進行入學考試並成功通過。
課程評核	實習試，參加者於訓練班完結前必須通過由樂隊士官長或由樂隊士官長指派人士所指定的考核並取得合格成績。
完成課程所獲資格	<ol style="list-style-type: none"> 1. 「風笛訓練班：練習笛（適任樂手）」成就證書； 2. 「風笛訓練班：練習笛（適任樂手）」成就證書持有人在參與樂隊-風笛組的蘇格蘭（高地）風笛訓練時可獲豁免程度測試； 3. 參與本團樂隊-風笛組相關的訓練及活動。



Hong Kong Adventure Corps
Band
Training Syllabus

Great Highland Bagpipe Training Course (Practice Chanter – Elementary)													
Objective	<ol style="list-style-type: none"> 1. general overview of bagpipe music and the instruments, 2. learning basic fingering techniques (with practice chanter), 3. trying to play basic bagpipe tunes. 												
Training hours	15 hours in total (including 10 lessons, 1.5 hours each)												
Training content	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 20%;">Lesson 1</td> <td> <ol style="list-style-type: none"> 1. Get to know your instrument – practice chanter 2. Finger positions, production of sound and maintenance of the instrument 3. Technique – Scale I (playing up) </td> </tr> <tr> <td>Lesson 2</td> <td> <ol style="list-style-type: none"> 1. Basic theory – Reading music I (pitch) 2. Technique – Scale II (playing down) 3. Exercise – Fluency and flexibility </td> </tr> <tr> <td>Lesson 3</td> <td> <ol style="list-style-type: none"> 1. Basic theory – reading music II (duration) 2. Technique – Gracenote I (Cutting - G) 3. Exercise – Trying easy tune(s) </td> </tr> <tr> <td>Lesson 4</td> <td> <ol style="list-style-type: none"> 1. Basic theory – reading music III (time signature – simple time) 2. Technique – Gracenote II (Cutting – D, E) 3. Exercise – Triplets (GDE) </td> </tr> <tr> <td>Lesson 5</td> <td> <ol style="list-style-type: none"> 1. Technique – Gracenote III (Strikes) 2. Technique – Gracenote IV (High A) 3. Exercise – Trying easy tune(s) </td> </tr> <tr> <td>Lesson 6</td> <td> <ol style="list-style-type: none"> 1. Technique – Doubling I (Top hand I) </td> </tr> </table>	Lesson 1	<ol style="list-style-type: none"> 1. Get to know your instrument – practice chanter 2. Finger positions, production of sound and maintenance of the instrument 3. Technique – Scale I (playing up) 	Lesson 2	<ol style="list-style-type: none"> 1. Basic theory – Reading music I (pitch) 2. Technique – Scale II (playing down) 3. Exercise – Fluency and flexibility 	Lesson 3	<ol style="list-style-type: none"> 1. Basic theory – reading music II (duration) 2. Technique – Gracenote I (Cutting - G) 3. Exercise – Trying easy tune(s) 	Lesson 4	<ol style="list-style-type: none"> 1. Basic theory – reading music III (time signature – simple time) 2. Technique – Gracenote II (Cutting – D, E) 3. Exercise – Triplets (GDE) 	Lesson 5	<ol style="list-style-type: none"> 1. Technique – Gracenote III (Strikes) 2. Technique – Gracenote IV (High A) 3. Exercise – Trying easy tune(s) 	Lesson 6	<ol style="list-style-type: none"> 1. Technique – Doubling I (Top hand I)
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		2. Technique – Doubling II (Top hand II) 3. Exercise – Trying easy tune(s)
	Lesson 7	1. Technique – Doubling III (Bottom hand) 2. Exercise – Cross finger
	Lesson 8	1. Technique – Throw on D 2. Exercise – Trying easy tune(s)
	Lesson 9	1. Revision and practice
	Lesson 10	1. Trying bagpipe without drones, 2. Examination
Admission requirements	Corps's members (Potential instructor(s) could attend the course only after the nomination made by Band Sergeant Major (BSM) is being approved).	
Assessment	Practical exercise/assessment will be provided within course schedule, in which every student will be examined by the Band Sergeant Major (BSM) or personnel assigned by the Band Sergeant Major (BSM).	
Award	1. The Hong Kong Adventure Corps Certificate of Achievement - Great Highland Bagpipe Training Course (Practice Chanter – Elementary) will be awarded upon completion of course requirement and assessment, 2. Exemption in the entrance exam for training course: Great Highland Bagpipe Training Course (Practice Chanter – Competent), 3. Participation in training and event(s) in Band – Bagpipe section.	



Hong Kong Adventure Corps
Band
Training Syllabus

Great Highland Bagpipe Training Course (Practice Chanter – Competent)																							
Objective	<ol style="list-style-type: none"> 1. comprehensive understanding in bagpipe music and the instruments, 2. learning and revisiting integrated fingering techniques (with practice chanter), 3. learning to play bagpipe tunes for general purpose and ceremony. 																						
Training hours	24 hours in total (including 12 lessons, 2 hours each)																						
Training content	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 20%;">Lesson 11</td> <td> <ol style="list-style-type: none"> 1. Basic theory – reading music IV (time signature – compound time) 2. Technique – Birl </td> </tr> <tr> <td style="background-color: #d3d3d3;"> </td> <td> </td> </tr> <tr> <td>Lesson 12</td> <td> <ol style="list-style-type: none"> 1. Technique – Grips 2. Exercising tune – 2/4 time </td> </tr> <tr> <td style="background-color: #d3d3d3;"> </td> <td> </td> </tr> <tr> <td>Lesson 13</td> <td> <ol style="list-style-type: none"> 1. Technique – Grip with a B Gracenote 2. Revision on / Exercising tune – 2/4 time </td> </tr> <tr> <td style="background-color: #d3d3d3;"> </td> <td> </td> </tr> <tr> <td>Lesson 14</td> <td> <ol style="list-style-type: none"> 1. Technique – Gracenote V (G Strikes on D) 2. Technique – Taorluaths 3. Exercising tune – 4/4 time </td> </tr> <tr> <td style="background-color: #d3d3d3;"> </td> <td> </td> </tr> <tr> <td>Lesson 15</td> <td> <ol style="list-style-type: none"> 1. Technique – Tachum 2. Revision on / Exercising tune – 4/4 time </td> </tr> <tr> <td style="background-color: #d3d3d3;"> </td> <td> </td> </tr> <tr> <td>Lesson 16</td> <td> <ol style="list-style-type: none"> 1. Technique – Gracenote VI (G Strikes on B) 2. Exercising tune – 3/4 time </td> </tr> </table>	Lesson 11	<ol style="list-style-type: none"> 1. Basic theory – reading music IV (time signature – compound time) 2. Technique – Birl 			Lesson 12	<ol style="list-style-type: none"> 1. Technique – Grips 2. Exercising tune – 2/4 time 			Lesson 13	<ol style="list-style-type: none"> 1. Technique – Grip with a B Gracenote 2. Revision on / Exercising tune – 2/4 time 			Lesson 14	<ol style="list-style-type: none"> 1. Technique – Gracenote V (G Strikes on D) 2. Technique – Taorluaths 3. Exercising tune – 4/4 time 			Lesson 15	<ol style="list-style-type: none"> 1. Technique – Tachum 2. Revision on / Exercising tune – 4/4 time 			Lesson 16	<ol style="list-style-type: none"> 1. Technique – Gracenote VI (G Strikes on B) 2. Exercising tune – 3/4 time
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	Lesson 17	<ol style="list-style-type: none"> 1. Technique – Grips on the Bottom hand 2. Revision on / Exercising tune – 3/4 time
	Lesson 18	<ol style="list-style-type: none"> 1. Technique – Throw on D (Heavy) 2. Revision on / Exercising tune – 3/4 time
	Lesson 19	<ol style="list-style-type: none"> 1. Exercising tune – 6/8 time
	Lesson 20, Lesson 21	<ol style="list-style-type: none"> 1. Revision on / Exercising tune – common tunes in ceremony 2. Try blowing the bagpipe with the drones sounding
	Lesson 22	<ol style="list-style-type: none"> 1. Examination
Admission requirements	<ol style="list-style-type: none"> 1. Corps's members (Potential instructor(s) could attend the course only after the nomination made by Band Sergeant Major (BSM) is being approved), and 2. Holder of the Hong Kong Adventure Corps Certificate of Achievement - Great Highland Bagpipe Training Course (Practice Chanter – Elementary) or successfully pass the entrance exam in the first lesson of the training course. 	
Assessment	Practical exercise/assessment will be provided within course schedule, in which every student will be examined by the Band Sergeant Major (BSM) or personnel assigned by the Band Sergeant Major (BSM).	
Award	<ol style="list-style-type: none"> 1. The Hong Kong Adventure Corps Certificate of Achievement - Great Highland Bagpipe Training Course (Practice Chanter – Competent) will be awarded upon completion of course requirement and assessment, 2. Exemption in the leveling test for Band training: Great Highland Bagpipe, 3. Participation in training and event(s) in Band – Bagpipe section. 	