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| --- | --- | --- | --- | --- | --- | --- |
| To | : | PO(Training) | ( | [po.trg@hkac.org](mailto:po.trg@hkac.org) ; | ) | |
| c.c. | | CHQ | ( | [achq@hkac.org](mailto:achq@hkac.org) ; | ) | |
|  |  |  | ( |  | | ) |
|  |  |  |  |  |  | |
| From | : |  | | Squadron/Unit |  | |

|  |  |  |  |  |
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| **Course** | **Dates** | **Course Code** | **Class Size** | **Deadline** |
| Basic Fitness Test | 19th February, 2022 (Saturday) | BFT 2022-01 | 20 | 1700 hours, 10th February, 2022 |
| 13th March, 2022 (Sunday) | BFT 2022-02 | 20 | 1700 hours, 3rd March, 2022 |

I hereby nominate the following members of my Squadron/Unit to attend the subject test:

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Ser** | **Corps no.** | **Rank** | **Name** | **中文姓名** | **Contact tel. no.** | **E-mail address** |
| BFT 2022-01 (Saturday) | | | | | | |
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| BFT 2022-02 (Sunday) | | | | | | |
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| Recommend by | : |  | Date | : |  |
|  |  | ( Signature ) |  |  |  |
|  |  |  |  |  |  |
|  |  | ( Rank and Name ) |  |  |  |

Remarks :

1. Please complete the Form and return to Project Officer (Training) ( [po.trg@hkac.org](mailto:po.trg@hkac.org) ) and CHQ ( [achq@hkac.org](mailto:achq@hkac.org) ) on / before **17:00,** **10th February, 2022** (BFT 2022-01) or **1700, 3rd March, 2022** (BFT 2022-02).