**Abseiling Technical Certificate Course Notice – Abs-TC 2023-02**

**Yew Chung Squadron**

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| 1. | Course Title: | Abseiling Technical Certificate Course Abs-TC 2023-02. |
| 2. | Course Objectives: | To nurture Yew Chung Squadron instructors and senior cadets on abseiling skills in preparation for acquiring the instructor qualification |
| 3. | Date: | 6-7 June 2023 (Tue - Wed) |
| 4. | Time: | 0900 (Tue)-1215 (Wed)  |
| 5. | Venue: | High Island Training Camp |
| 6. | Target: | Instructors and senior cadets |
| 7. | Nomination: | Nomination to reach the Secretary of the Adventure Training Committee by email on mrwylam@netvigator.com copied to the Project Officer (Training) po.trg@hkac.org, on or before **3 June 2023** (See appendix I). |
| 8. | Course Content: | 1. Recognize and proper use of PPE and equipment
2. Knots and rope skills
3. Master abseiling technique
4. Introduction of the anchorage point system
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| 9. | Responsibility: | Technical certificate holders can assist abseiling instructor in running abseiling activities in the High Island Training Camp.  |
| 10. | Dress: | DPM. PT kit for physical trial practice  |
| 11. | Appendix: | Appendix 1 "**Nomination Form**"  |
| 12. | Enquiry: | Email to the Secretary of the Adventure Training Committee on mrwylam@netvigator.com or whatsApp / 9671 6171 |

Adventure Training Committee

12 May 2023